



# Christian Light Foundation Costa Rica

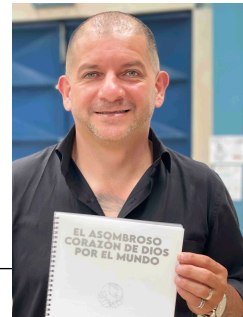
EVANGELISM and DISCIPLESHIP

in the hard places of Costa Rica, Nicaragua, Honduras, and Venezuela

October, 2025

269th consecutive monthly newsletter

Manuel is  
starting discipleship  
book #20



Mark sat down with **MANUEL** last month for a little Q&A after church before he started his taekwondo class.

*How did you come to meet Jesus and know Him as your Lord and Savior?* When the church services were held in the afternoon, I was invited to stay after the service for the men's group. After the time with the men, I asked Mark if I could go and ask my wife to return with me to talk with him. Mark explained many things during that conversation. Both my wife and I prayed to ask Jesus to forgive us and to come into our lives to live forever.

*How long have you been coming to the church?* I've been a faithful member of this church from that very day, so over four years now.

*You once told me that you wanted to serve in the church in any way possible because you wanted to serve in return for all that the Lord had done for you. In what ways are you serving today?* I served on the youth group team for quite a while, but I had to drop off that team because my work schedule changed. Over a year ago, the ministry board allowed me to start a new ministry teaching taekwondo as an outreach to children and youth. I am a black belt and a certified teacher. This has proven fruitful as each participant is also receiving discipleship today. I also regularly help with teaching. When my work schedule allows, I enjoy helping with outreach activities, such as camps and talent shows.

*In all the areas you serve, do you have a favorite?* I truly love all the places the Lord has allowed me to serve. I especially like my time with the young people during taekwondo training because I share with them some of the things I have done, and I share with them where I have come from. Many of them are in a similar place in their lives. Even so, what I love to do the most is teach God's Word, sharing what the Lord has done for me despite my terrible past. As I prepare to teach, God's Word always grabs hold of me, and I learn more than I could ever share with others.

*Where do you see yourself in one year? What do you see yourself doing in the church a year from now? Anything different?* I want to know and understand more and more of God's Word, not just for my knowledge, but to teach it as clearly and faithfully as I can. I dream of becoming a pastor if the Lord would call me and provide the training and opportunity to do so. Maybe even right here in the place where I found Jesus, in the church that I love with my whole heart.

*In your past, you hung out with a very tough crowd. Do you still have contact with any of those people? What do they say about your new life in Christ?* Most of them were in total disbelief, even denial, when I told them what I had done, or better, what Jesus had done for me. Most of them walked out of my life and didn't want to discuss it with me. Some still greet me on the street, and they say that it's all a lie and that I will fall and return to my old ways. Of course, I tell them that it's not true. One person recently said to me that he knew me well. That he was with me many times with the drugs and other vices. He said that he was even the one who got me out of jail one time. But I told him that he doesn't know me. He knows what God took me out of, but does not know, because of His grace and mercy, where He has brought me to today. I told him he knows who I was, but does not know who I am.

*What discipleship book are you in? What was the hardest one so far?* I am in discipleship book 20. The hardest has been the seven-month deep study of the book of Revelation with my teacher Mark.

*Tell me about your job.* I recently changed jobs because my old one was constantly changing my schedule, requiring me to work late on Saturdays, which prevented me from participating in outreach activities. More recently, it also pressured me to work on Sundays, which I refused to do. Today, I work on a truck delivering beverages to stores.

*How can the folks reading this pray for you?* Pray that God would continue to give me more and more wisdom, insight, and understanding into His Word. All with the goal of reaching more and more people with the truth of the gospel. Pray that God would protect me spiritually and deliver me from the attacks of Satan. It's been over four years since leaving that old life, but Satan's attacks continue.

Please pray...

... For a missions conference we have been invited to participate in. We are already looking forward to going to Arizona in March.

... For end-of-the-year donations. It has been a tough financial year.

... For the thousands buried in drugs and other vices that live in these hard places, may God miraculously touch them as He has done with Manuel.



**MARK AND MEG KUZDAS**



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Please make checks payable to World Outreach Ministries and indicate that your check is for **Mark & Meg Kuzdas #171**.

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